

Building Resiliency in Response to Toxic Stress: Infusing Relationships with Joy and Play

Event Description

The effects toxic stress can be detrimental; however, its effects can be dampened and even overcome through joyful, positive experiences. Joy experienced through play can lead to increased resiliency and insulation against long-term effects of adverse childhood experiences (ACEs) and toxic stress. Parents and caregivers must be equipped with tools to improve the quantity and quality of joy and playing to leverage successful early childhood outcomes. This training will provide attendees with a neurobiological view and instruction on building resiliency by infusing relationships with joy and play to both insulate against and repair damages caused by trauma, toxic stress and ACEs. Attendees will leave this session with activities and tools to further equip parents and caregivers to improve the quantity and quality of joyful interactions with young children.

Training Objectives:

- Participants will learn the impact of toxic stress and adverse childhood experiences (ACEs).
- Participants will be introduced to the basic elements of neurobiology and neuroanatomy associated with early brain development, the stress response system, and interpersonal relationships.
- Participants will be introduced to theories and practices revolving around affect and attachment, resiliency; and how they impact joyful interactions with young children.
- Participants will learn how joyful experiences can increase resiliency, and protect young children from long-term effects of stress and ACEs.
- Participants will learn and demonstrate a variety of joyful activities and approaches to incorporate into their practices and programs; and instruct parents and caregivers to infuse relationships with joy.

Target Audience: Early Childhood Professionals and others working with infants, young children and families including: WIC, Mental Health, Child Care, Help Me Grow/Home Visiting, Community Health, Head Start, DD/EIS, Child Welfare and more.

Registration: 8:30am – 9:00am
Training: 9:00am – 4:00pm

Dayton | May 31, 2017

Central State University Dayton
840 Germantown Street
Dayton, Ohio 45402

[Attend this Session](#)

Athens | June 5, 2017

Appalachian Behavioral Healthcare
100 Hospital Drive
Athens, Ohio 45701

[Attend this Session](#)

Akron | June 14, 2017

County of Summit Department of
Job and Family Services
1040 E. Tallmadge Avenue
Akron, Ohio 44310

[Attend this Session](#)

Norwalk | June 20, 2017

Huron County Department of Job
and Family Services
185 Shady Lane Drive
Norwalk, Ohio 44857

[Attend this Session](#)

Columbus | June 27, 2017

Ohio Center for Occupational
Safety & Health (OCOSH)
13430 Yarmouth Drive
Pickerington, Ohio 43147

[Attend this Session](#)

Speakers:

OhioGuidestone Executive Vice President
& Clinical Chief Officer,
Benjamin W. Kearney, Ph.D
Holli Ritzenthaler MSSA, LISW-S
Georgiana Gray MSSA, LISW-S