

HMG THIS MONTH

Ohio Help Me Grow Monthly Update

July 2015

Home Visiting

- **SFY 15 Closeout:** All encounter/data must be submitted into Early Track by August 15, 2015.
- **Logo Use** - HMG Memo #13-09 remains in effect. The Help Me Grow logo is not to be used with any programmatic, promotional, informational, or other resources developed without the expressed written consent of the Ohio Department of Health. **Approved Graphic Representations:** When authorization for use is granted, the HMG logo should not be altered in any way, to include but not limited to: removing or adding any lettering, or changing the format of the logo so that it is no longer representative of its intended design.

Exceptions: There are no established exceptions to this policy. Any request to deviate from this policy must be forwarded in writing to the program administrator, and provide the following information: (a) Rationale on why the HMG logo is not sufficient or appropriate; (b), a copy of the proposed logo you wish to use; and (c) a detailed description of the advantage(s) of an additional logo.

- Congrats to MAPP of Marion County on successfully achieving Healthy Families Accreditation!
- The HV TA (Community of Practice) Webinar is scheduled for 7/23 at 9am. Topics for the call: Measuring Success, **presented by Heather Gibson of FRS Counseling Services**
Topics covered: Reimbursements, Referrals, Enrollment, Client satisfaction, Compliance, and, Staff satisfaction.



Central Coordination

- If your Administrative Agent has not yet received the Central Coordination Contracts, or if your Administrative Agent has changed, please notify Consultant Shelly Palumbo [Shelly.Palumbo@odh.ohio.gov]. Contracts were issued to the previous admin agent listed, or to the designee listed in our database (not GMIS). Moreover, submitting your contract ensure that you have completed the STANDARD AFFIRMATION AND DISCLOSURE FORM.
- Reminder, please print two (2) hard copies of the contract, initial and sign in blue ink, and send back to us at the address below within fourteen (14) calendar days.

Ohio Department of Health
Contracts Unit—Attention: Abul Basher
246 North High Street, 4th Floor
Columbus, OH 43215

Please note: (1) Email copies of signed contracts will not be accepted, (2) a hard copy of the executed contract will be mailed back, (3) all information must be submitted according to page two of the contract. Please make sure that this step is completed prior to sending in your contracts. Questions regarding this information can be submitted to abul.basher@odh.ohio.gov.

- **Save the Date:** A statewide Central Coordination Contract Managers call with take place on July 28th @ 10:00 am. Handouts and information to be distributed soon. This call will cover the changes to the expenditure reports, discuss the changes to the contract , as well as the new program reports.

Early Intervention

IMPORTANT UPCOMING DATES

7-15-15: Fourth quarter expenditure report is due. Any obligations you have must be submitted with this expenditure report or they will not be allowed. If you have already submitted your fourth quarter expenditure report without first entering obligations and your program consultant has approved it, please contact your Grants Services Unit (GSU) consultant and ask to have your report disapproved so you can add obligations.

8-1-15: The August 1 LEA quarterly report requirement is coming up. The report may be run a maximum of 10 days in advance of August 1 and must be sent to the LEAs no later than August 1, 2015. Please note that August 1 reports do **not** need to be submitted to ODH.

8-15-15: Final SFY 15 EI grant expenditure report **and** final program report due. Similar to the mid-year report in January, the final report must provide any updates around the following requirement from the SFY15 RFP:

- One area in which the service coordinator(s) need to improve their skills and/or knowledge to meet the federal requirements for this role;
- The specific activity that you will implement in order to enhance the skills and/or knowledge in the area identified;
- How the activity will be evaluated to measure the level of success.
- If the activity achieved the desired level of success and, if it did not, what future plans will be put in place to enhance the skills and/or knowledge of service coordinators.



Training & Professional Development

The SFY16 **Help Me Grow Training Bulletin** is located on the front page of our website or click here: <http://goo.gl/QTp61o>

The **Watch Me! Celebrating Milestones and Sharing Concerns** webinar (http://www.cdc.gov/ncbddd/watchmetraining/?utm_source=AAP%20consumer%20communication%20outlets&utm_medium=email&utm_campaign=June%20Watch%20Me%20Message%201) provides tools and best practices to help you work with families to monitor the development of every child in your care, share your concerns with families in a positive way, and help families get connected to services and support that can make a real difference. The 1-hour training is free, available online, and is approved for continuing education credit/HMG training credit.

The Key to Writing Functional IFSP Outcomes (1054433): Register on OhioTrain (step 1); then see Course Description for the Go-ToWebinar registration link (step 2). All sessions are conducted via facilitated webinar, 10 – 11:30 am. Training dates: 7-16-15, 8-20-15, 9-17-15, 10-15-15, 11-19-15, 12-17-15

Training Institute (1034150), Principles of Service Coordination (1047684), Principles of Home Visiting (1047701): Offered at the beginning of every month. All 2015 training dates (July-December) and locations are now posted and open for registration.

Hands-On Literacy! Emergent Literacy for Infants and Toddlers Who are Blind or Visually Impaired (1034398): Come discover creative strategies for making emergent literacy come alive for young children who are visually impaired and their families through this interactive session. Training date: 8-19-15 at the Madison county Board of DD.

DODD consultants have a number of trainings available that can be accessed through your DODD consultant either in person or via “go-to-meeting”.

- Overview of evidence-based EI Practices-6 hour training or it can be “broken down” into three 2 hour modules: Coaching, Teaming and Overview of EB EI Practices and Family Centered EI Practices.
- How to Complete Section VI and Documentation from an EI Service Providers Perspective
- Child Outcome Summary Training



Motherhood and Mental Health

How Pregnancy and Postpartum Mood and Anxiety Disorders Affect Women and Families

Tuesday, September 22, 2015

8:30 am - 4:45 pm*

*Registration begins at 8 am.

**ODOT Auditorium
1980 W. Broad St.
Columbus, Ohio 43223**

Save the Date for MHAFC's Annual Mental Health Conference!

Tuesday, September 22, 2015

Join us to learn about diagnosing and treating postpartum depression and related maternal mental health disorders.

Details and registration coming soon!

MHAFC will also be hosting a screening and panel discussion of the chilling documentary about mental health issues during and after pregnancy: [Dark Side of the Full Moon](#) on Tuesday, September 29. Stay tuned for more details!

Help for Victims of Family Violence



Statewide Resources

No one deserves to be abused. If this is happening to you, it is not your fault. Help is available by calling any of the phone numbers listed on this sheet. Remember that you are not alone.

HERE'S HOW TO PROTECT YOURSELF

- If you are in an emergency situation, call 911.
- Talk to a friend, neighbor, clergy person, family member, or doctor – they can be a good source of support and help.
- Make a plan in case you decide to leave. Set aside some cash, important documents, (birth certificates, social security cards, immigration papers, passports, medical insurance cards, any documentation of abuse, etc.), a spare set of keys, and a change of clothes that you can access easily in a crisis situation.
- Contact community resources to find out how they can help. They can assist you if you need a place to stay or need help taking legal action against the person who is abusing you.
- If you are thinking about leaving, do not inform the abuser/batterer.
- Be aware that the abuser/batterer can use technology to monitor your activities (cell phone, text messages, computer, Internet Web sites, GPS, etc.) www.nnedv.org/resources/safetynetdocs.html
- Trust your instincts.

PHONE NUMBERS

EMERGENCY911
Ohio Employee Assistance Program 800-221-6327
United Behavioral Health 24hr Hotline
..... 800-852-1091

Services for Children & Teens:

Child Help USA..... 800-4-A-CHILD
National Runaway Hotline..... 800-621-4000
National Teen Dating Abuse Helpline.....
..... 866-331-9474
Ohio Youth Advocate Program..... 877-692-7226
Public Children Services Assoc. of Ohio
..... 614-224-5802
The Center for Family Safety and Healing
..... 614-722-8200

Services for Adult Victims:

Action Ohio Coalition for Battered Women
..... 888-622-9315
BRAVO (LGBTQ Services)..... 866-862-7286
National Domestic Violence Hotline ...800-799-7233
Office of Criminal Justice Services, Family Violence
Prevention Center..... 888-448-4842
Ohio Alliance to End Sexual Violence. 888-886-8388
Ohio Domestic Violence Network 800-934-9840
Rape, Abuse & Incest Natl Network (RAINN)
..... 800-656-HOPE
Sexual Assault Response Network of Central Ohio
(SARNCO) 614-267-7020

Legal Resources:

Ohio State Legal Services Assoc. 866-LAW-OHIO

HERE'S HOW TO HELP OTHERS

To help someone who is being abused:

- Plan what you want to say, determine a good time and private place to talk alone.
- Ask questions like "How can I help you? What do you want to do about the situation?" Be supportive and listen without judgment. Give the victim plenty of time to answer.
- Don't say "Just get out" – it is not a safe piece of advice.
- Let the victim know that you believe that verbal, emotional or physical abuse in a relationship is never acceptable and not the victim's fault.
- Provide the victim with information about local resources that can help.

To help a child who is being abused:

- Report your suspicions of child abuse to a local children services agency.
- Link the child to a safe adult and contact ChildHelp USA.

To help someone who is a batterer:

- Contact the Ohio Domestic Violence Network for program referral.

Other Programs & Services:

ASHA Ray of Hope (South Asian Community)
..... 614-326-2121
Crisis Line 614-565-2918
Asian American Community Services
..... 614-220-4023
Ohio Dept. of Aging 800-266-4346
Long Term Care Ombudsman Prog..... 800-282-1206
Ohio AG Crime Victim Services..... 800-582-2877
Ohio Hispanic Coalition 614-840-9934
Shalom Task Force 888-883-2323
Somali Community Assoc. of Ohio 614-262-4068

ONLINE RESOURCES

Ohio Organizations and Resources:

ASHA Ray of Hope
www.asharayofhope.org
Asian American Community Services
www.aacsohio.org
Office of Criminal Justice Services,
Family Violence Prevention Center
www.fvpc.ohio.gov
Ohio Alliance to End Sexual Violence
www.oaesv.org
Ohio Department of Aging
www.aging.ohio.gov
Ohio Domestic Violence Network
www.OVDN.org
Ohio Legal Services
www.ohiolegalservices.org

Public Children Services Association of Ohio
www.pcsao.org

The Center for Family Safety and Healing
www.familysafetyandhealing.org

National Resources:

ChildHelp USA
www.childhelp.org
Futures Without Violence
www.futureswithoutviolence.org
National Coalition Against Domestic Violence
www.ncadv.org
National Domestic Violence Hotline
www.thehotline.org
Rape, Abuse & Incest National Network
www.rainn.org



614-722-8200
www.FamilySafetyandHealing.org



Baby & Me Tobacco Free

Program Administrative Contact Information:

- Dyane Gogan Turner, Maternal and Child Health Program Supervisor
- Rhonda Huckaby, Perinatal Smoking Cessation Program Coordinator

Mailing Address:

Ohio Department of Health
Bureau of Maternal and Child Health
246 North High Street
Columbus, OH 43215

Telephone: (614) 644-4684

Fax: (614) 644-9850

Email: BCFHS@odh.ohio.gov

Local Level Contact Information

Athens

Ohio University Community Health Programs
1 Ohio University, Rm 055
Athens, OH 45701
Kim Knapp-Brown
Phone: 740-593-2481
knapp-br@ohio.edu

Butler

Butler County Health Department
301 S. Third Street
Hamilton, OH 45011
Jenny Bailer, RN, MS, APHN-BC
Phone: 513-887-5251
bailerj@butlercountyohio.org

Carroll

Carroll County General Health District
301 Moody Ave, SW
Carrollton, OH 44615
Marcy Graves, RN, BSN
Phone: 330-627-4866 ext. 27
mgraves@carroll-lhd.org

Clark

Clark County Combined Health District
Healthy Mommy Healthy Baby Program
2430 Van Buren Ave.
Springfield, OH 45505
Carlisa L. Parker
Phone: 937-322-2099
cparker@ccchd.com

Clermont

Clermont Community Services
3003 Hospital Dr.
Batavia, OH 45103
Ginger Tallarigo
Phone: 513-735-8804
gingert@cccsi.org

Coshocton

Coshocton County Maternal and Child Health
724 S. 7th Street
Coshocton, OH 43812
Leane Rohr
Phone: 740-295-7311
leanerohr@coshoctoncounty.net

Franklin

Columbus Public Health
240 Parsons Ave.
Columbus, OH 43215
Kristie Beckett, RN
Phone: 614-645-2135
KMBeckett@columbus.gov

Hancock

Findlay City Health Department
1644 Tiffin Ave.
Findlay, OH 45840
Shannon Chamberlin
Phone: 419-424-7105
skasselder@ci.findlay.oh.us

Highland

Highland County Community Action Organization
1487 North High St., Suite 500
Hillsboro, OH 45133
Ada Amburgey
Phone: (937) 393-3060
adaamburgeyrn@yahoo.com

Hocking

Hocking County Health Department
350 St Rt 664 N.
Logan, OH 43138
Brittney Tschudy
Phone: 740-385-3030 ext. 255
btschudyhchd@gmail.com

Knox

Knox County Health Department
11660 Upper Gilchrist Rd.
Mount Vernon, OH 43050
Mike Whitaker
Phone: 740-392-2200 ext. 2233
mwhitaker@knoxhealth.com

Lawrence

Lawrence County Health Department
2122 S. 8th St.
Ironton, OH 45638
Debbie Fisher, RN
Phone: 740-532-3962
Debbiefisher.lchd@yahoo.com

Licking

Licking County Health Department
675 Price Rd.
Newark, OH 43055
Nicole Smith
Phone: 740-349-1663
nsmith@lickingcohealth.org

Lucas

Toledo-Lucas County Health Department
635 N. Erie St.
Toledo, OH 43604
Rebecca Anderson, MPH, RN
Phone: 419-213-4087
andersonr@co.lucas.oh.us

Mahoning

Mahoning County Board of Health
50 Westchester Dr.
Youngstown, OH 44515
Phone: 330-270-2855

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Teresa Kilbert
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Tkilbert@mahoninghealth.org

Chris Cunningham
ext. 128
CCunningham@mahoninghealth.org

Marion

Marion Public Health
181 S. Main St.
Marion, OH 43302
Deb Schroll, RN, BSN, CTTS
Phone: 740-692-9120
dschroll@marionpublichealth.org

Preble

Preble County Public Health
615 Hillcrest Drive, Eaton, OH 45320
Shana Roberts BSN, RN, TTS
Phone: 937-683-4104
Shana@preblecountyhealth.org

Richland

Richland Public Health
555 Lexington Avenue
Mansfield, OH 44907
Stacey Nolen
Phone: 419 774-4731
snolen@richlandhealth.org

Ross

Ross County Health District
150 East Second St.
Chillicothe, Ohio 45601
Michelle Long, BSN, RN
Phone: 740-775-1146
mlong@rosscountyhealth.com

Summit

Summit County Public Health
1867 West Market St.
Akron, OH 44313
Elizabeth Burke
Phone: 330-926-5629
eburke@schd.org

Trumbull

Trumbull County General Health District
176 Chestnut Ave. NE.
Warren, OH 44483
Kathy Parrilla, RN
Beverly Cope MA
Phone: 330-675-2590 Option #3
health@co.trumbull.oh.us

Tuscarawas

Tuscarawas County Health Department
897 E. Iron Ave.
Dover, OH 44622
Megan Campbell
Phone: 330-343-5555, ext. 111
megan.campbell@odh.ohio.gov

Union

Union County Health Department
940 London Ave. Suite 1100
Marysville, OH 43040
Susie Knox, RN, BSN-CFHS
Merry Smith, CTTS-BMTF
Phone: 937-642-2053
susie.knox@uchd.net



OHIO EQUITY INSTITUTE
O E I
 EVERY BABY MATTERS

Help Our Babies Reach Their First Birthdays

For more information, please call: 1-800-755-4769




Here's How You Can Prevent Infant Deaths

Ohio Equity Institute is a community driven effort to reduce infant deaths.

- ♥ Learn about pregnancy and caring for a baby
- ♥ Learn about and use safe sleeping practices for infants
- ♥ Ensure babies always sleep on their backs
- ♥ Keep doctor appointments
- ♥ Do not drink alcohol, use tobacco, or take drugs while pregnant
- ♥ Don't be afraid to ask for help
- ♥ Develop healthy relationships
- ♥ Involve fathers
- ♥ Be supportive of pregnant co-workers
- ♥ Promote healthcare resources for pregnant women
- ♥ Maintain a smoke-free home and car
- ♥ Support breastfeeding
- ♥ Eat healthy and exercise
- ♥ Volunteer
- ♥ Join your local Ohio Equity Institute team

ABOUT THE OHIO EQUITY INSTITUTE

The Ohio Department of Health (ODH) and CityMatCH are partnering with nine Ohio communities to improve birth outcomes and reduce the racial disparities in infant deaths. Infant mortality is defined as the death of a baby before his or her first birthday. Infant deaths are an important indicator of the overall health of a society. Ohio ranks near the bottom in overall infant mortality and black infant deaths. This is unacceptable.

CityMatCH is a national membership organization that supports urban maternal and child health efforts at the local level. Based on a national Institute for Equity in Birth Outcomes model, nine Ohio communities make up the Ohio Institute for Equity in Birth Outcomes (Ohio Equity Institute).



For more information, please call: 1-800-755-4769

www.odh.ohio.gov/OEI