

12 item ISEL Scoring Directions

Once the parent has completed the 12 items on the ISEL, follow these steps:

1. For items #1, 2, 7, 8, 11, and 12,

Assign each response a numerical value as follows:

- definitely true = 0
- probably true = 1
- probably false = 2
- definitely false = 3

2. For items #3, 4, 5, 6, 9, and 10,

Assign each response a numerical value as follows:

- definitely true = 3
- probably true = 2
- probably false = 1
- definitely false = 0

3. Then, add up all of the numerical values assigned.

4. You can only get a number between 0 and 36.

5. A lower score means that the parent believes they have less social support available in their life.

When talking to parents about this tool, use it to talk about what they may want to explore for supports. Are there parent groups available in your county? What are the barriers to social support for this parent?

At this time, there is no “magic” score at which we would recommend specific referrals or resources, but we encourage each home visitor to discuss this with the parent and see if they believe social supports could help him/her achieve the goals on the family plan, then discuss obstacles to accessing social supports and possible solutions to overcoming those challenges.