

53

52

51

50

49

4 ft

47

46

45

44

43

42

41

40

39

38

37

3 ft

35

34

33

32

31

30

29

28

27

26

25

2 ft

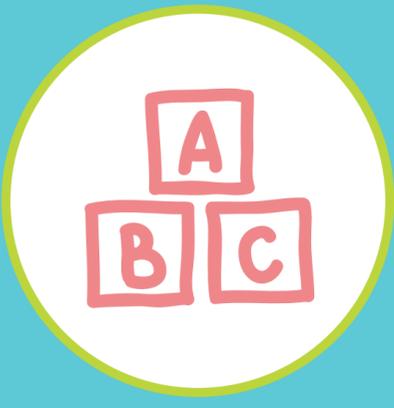
23

22

21

20

19



# OH baby!



### 5-year-old

Average height and weight: 40" and 41 lbs

- WHAT I MAY BEGIN TO DO**
- Talk about what I did all day
  - Skip
  - Use child safety scissors
  - Dress myself and brush my teeth
  - Share with others

- WHAT I NEED**
- My yearly checkup, dental and vision exam
  - You to tell me how very special I am!

### 4-year-old

Average height and weight: 37" and 36 lbs

- WHAT I MAY BEGIN TO DO**
- Ask "Why?" a lot
  - Catch a ball with both hands
  - Draw simple shapes
  - Name five colors
  - Develop friendships

- WHAT I NEED**
- My yearly checkup and dental exam
  - You to tell me I did a great job!

### 3-year-old

Average height and weight: 33" and 32 lbs

- WHAT I MAY BEGIN TO DO**
- Understand the words "up/down" and "on/under"
  - Jump with both feet
  - Draw a straight line and circle
  - Put on my coat
  - Take turns, with your help

- WHAT I NEED**
- My 36-month checkup and dental exam
  - Lots of hugs and "I love you"

### 2-year-old

Average height and weight: 30.5" and 28 lbs

- WHAT I MAY BEGIN TO DO**
- Form 2-3 word sentences
  - Kick a ball
  - Use a spoon and fork
  - Display negative feelings and behaviors

- WHAT I NEED**
- My 24-month checkup and dental exam
  - You to cuddle and read with me

### 1-year-old

Average height and weight: 28.5" and 22 lbs

- WHAT I MAY BEGIN TO DO**
- Say "Mama" and "Dada"
  - Take a few steps
  - Throw a ball
  - Use a cup with both hands
  - Cry when you leave

- WHAT I NEED**
- My 12-month checkup (15 and 18 months, too)
  - First dental exam
  - You to snuggle and sing me songs



Hang bottom of chart 18" from floor. Mark your child's height in the yellow bar every six months or on birthdays.

